



**NOTRE DAME SCHOOL  
NAJAFGARH, NEW DELHI  
HOLIDAY HOMEWORK (2025-26)  
CLASS – XI**

Dear Students,

Summer vacation is an exciting time for students to relax, unwind and enjoy their break from school. It provides an opportunity to recharge, explore new activities, and spend quality time with family and friends.

Summer vacation is a time of adventure, relaxation, exploration, and connection. It's a season to embrace growth, cultivate gratitude, and find inspiration in the simplest of joys.

To maintain the educational continuum and to keep in view the rejuvenation you need, an enriching homework for the holiday is designed to keep you constructively busy and put boredom at bay....



Watch the movie "Inside Out" and reflect on the following:

1. How do the different emotions (Joy, Sadness, Anger, Fear, and Disgust) influence Riley's thoughts, feelings, and behaviors?
2. How do the emotions interact with each other, and what does this reveal about emotional regulation?
3. What insights does the movie provide into the importance of emotional intelligence and self-awareness?

Analyze the movie from a psychological perspective, focusing on the following topics:

1. Emotional Development: How do Riley's emotions change and develop throughout the movie?
2. Cognitive Development: How does Riley's thinking and problem-solving change as she navigates her new environment?
3. Attachment Theory: How does Riley's relationship with her parents influence her emotional well-being?

- Write a review on the movie.

- Complete practical file on Methods of Enquiry In Psychology.



## 1. हिंदी परियोजना कार्य

शीर्षक— जनसंचार के माध्यम

जनसंचार का अर्थ और प्रकार

प्रिंट माध्यम (उदाहरण एवं चित्र सहित)

रेडियो ( सचित्र)

टेलीविजन ( सचित्र)

इंटरनेट ( सचित्र)



1. Analysis of Fundamental Rights: Examine the fundamental rights enshrined in the Indian Constitution and their significance.
2. Case Study of a Landmark Judgment: Choose a landmark judgment and analyze its impact on the legal system.
3. Comparison of Indian and International Law: Compare and contrast Indian law with international law on a specific topic.
4. Role of Judiciary in Protecting Human Rights: Discuss the role of the judiciary in protecting human rights in India.
5. Impact of Legal Reforms on Society: Examine the impact of recent legal reforms on society.

#### Tips

1. Choose a topic that interests you.
2. Conduct thorough research using credible sources.
3. Organize your project logically and clearly.
4. Use proper citation and referencing.

#### Resources

1. NCERT Legal Studies textbook for Class 11.
2. Online resources, such as government websites, legal databases, and academic journals.
3. Library books and articles on legal topics.
4. Handbook provided by Sr. Tanya







**1. Make a project file on any of the given themes (10-15 pages):**

- \*Writing and city life
- \*An Empire Across Three Continents
- \*Nomadic Empires
- \*The three orders
- \*Changing cultural traditions
- \*Paths to Modernisation

The project should consist of the following:

- A. Title page
2. Acknowledgment
3. Table of contents
4. Introduction
5. The body of the project should have description of the selected topic, pictures, data and other relevant information
6. Conclusion should have students' observations on the topic
7. Bibliography and references

**2. Complete the pending work.**

**3. Learn the question-answers for Unit Test-1.**



**Make a file on yoga asanas.**

- It should be hand written.
- Use your best creativity.
- Diagrams should be neat and labelled.
- You can paste or draw the asana picture.
- PDF will be shared for the same.

For Reference click on the link - <https://tinyurl.com/yc6yefae>



**1. Make a project file on any of the given themes (10-15 pages):**

- \* Making of the Constitution.
- \* Elections in India.
- \* Working of the Indian Judiciary System.
- \* Social Justice: Are ethics followed in Indian Politics
- \* Human Rights Act and its gratification in India.
- \* Political impact on Indian Legislation.

The project should consist of the following:

- A. Title page
2. Acknowledgment
3. Table of contents
4. Introduction
5. The body of the project should have description of the selected topic, pictures, data and other relevant information
6. Conclusion should have students' observations on the topic
7. Bibliography and references

**2. Complete the pending work.**

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**GOD BLESS YOU.**